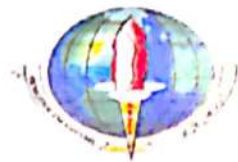




Govt. of J&K (UT)
Higher Education Department

محکمہ اعلیٰ تعلیم उच्चतर शिक्षा विभाग



OFFICE OF THE PRINCIPAL
Shaheed Himayun Muzamil Memorial
Govt. Degree College Anantnag

Khanabal, Anantnag - 192101 (J&K) | NAAC Accredited Grade 'B' | CGPA: 2.53

No. Dep/ORDER/26/2210

Dated: 02/09/2026

SHMM GOVERNMENT DEGREE COLLEGE ANANTNAG
Innovation, Incubation & Entrepreneurship Cell (IIEC)
REPORT ON WORKSHOP ON UDYAM JAGRITI 5.0

Event Title	Workshop on Udyam Jagriti 5.0
Organized By	Innovation, Incubation & Entrepreneurship Cell (IIEC), GDC Anantnag
Date	25-08-2026
Time	10:40 AM
Venue	Conference Hall, GDC Anantnag
Number of Participants	56

As part of the district-wise rollout of Udyam Jagriti 5.0 under Mission YUVA, the SHMM Govt. Degree College Anantnag organized a mandatory workshop. The heads of departments were requested to ensure attendance of registered students from their respective departments.

The workshop, presided over by Dr. Zahood Ahmed Wani, President IIEC, featured a special guest session by Mr. Adnan Hussain, an audio engineer, music producer, and software developer, and founder of Soundsoft Lab. Mr. Hussain was invited to deliver a short, focused session for students on the themes of screen fatigue, sleep, and sustained attention — drawing on research he has conducted over the past year in the area of mindfulness.

As part of the session, Mr. Hussain also introduced students to his broader work in the Android application space and to SonoLune, an application he has built and published under Soundsoft Lab. He described SonoLune as a focus and wind-down tool that quiets phone notifications, uses light and sound cues, and guides the user through a short intention-setting and reflection routine, along with periodic eye-rest breaks through the day. He noted that the application is rated 5.0 on the Google Play Store, is used on devices in over a hundred countries, works fully offline, and does not carry advertisements or collect user data. He clarified that the session was offered free of cost, with no promotional material distributed and no sign-up or data collection involved.

The workshop helped familiarise registered students with the objectives of Udyam Jagriti 5.0, while the guest session by Mr. Adnan Hussain gave students practical, low-cost guidance on managing screen use, sleep, and attention — skills relevant to both academic performance and general wellbeing. Students were also introduced, briefly, to an example of an independently built Android application and the broader landscape of student- and researcher-led software development.

Attendance was recorded department-wise as per the registered list, and the session concluded with an open interaction between students and the guest.





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Report Prepared By:
IIEC, GDC Anantnag

Government Degree College Anantnag
Innovation, Incubation, Entrepreneurship Cell (IIEC)

One day workshop on Udyam Jagriti 5.0

Date: 25/08/2026

Venue: Conference Hall

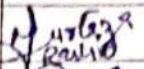
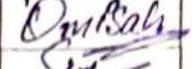
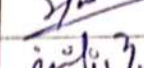
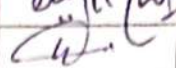
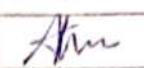
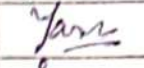
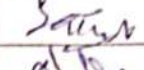
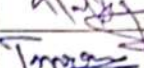
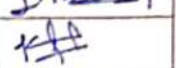
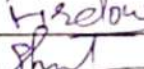
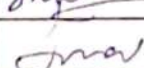
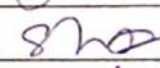
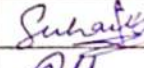
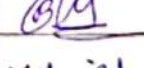
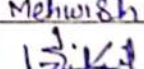
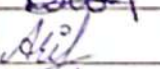
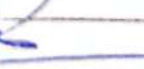
S. No.	Name	Roll No.	Semester	Signature
1	Heena Farooq	3002	3rd	Heena
2	Sureya Ashiq	405	5th	Sureya
3	MEHR-UN-NISA	3234	3rd	Meher
4	ASMATH JAN	3063	5th	Asmath
5	Ikhlas Shereaz Shah	3028	3rd	Ikhlas
6	Insha Dillawar	424	5th	Insha Dillawar
7	Shahid Bashir	3005	3rd	Shahid
8	Musadiq Reyaz	3006	3rd	Musadiq
9	Mariya Amin		1st	Mariya
10	Saiqa Waleed		1st	Saiqa
11	Ajumanad - Shabir	4018	1st	Ajumanad
12	Sofra - Kashfi	4021	1st	Sofra - Kashfi
13	Munazal Jawaid	2616005	1st	Munazal
14	Mehab Fajaz	1886	3rd	Mehab
15	Fiza Manzoor	2616003	1st	Fiza
16	Mahreey Jawaid	1007	5th	Mahreey
17	Ibtisam Yousuf	1014	5th	Ibtisam
18	Anelsa Ashraf	1604	5th	Anelsa
19	Intisam Manzoor	1005	5th	Intisam
20	Waseem Rafiq	1022	5th	Waseem
21	SUHAIR SHABIR	1196	3rd	Suhaair
22	FAISAL MAQBOOL	1222	3rd	Faisal
23	BASIT REHMAN	3509	5th	Basit
24	Mashqoor Ahmed	3502	5th	Mashqoor
25	Nehal Yousaf	3512	5th	Nehal
26	TOWHEED-AHMAD-MIR	3045	3rd	Towheed
27	Ausaf Jawaid Wagay.		1st	Ausaf
28	Azaan Rashid.	3516	5th	Azaan
29	Tufail Rashid Wani	925	5th	Tufail
30	Zalim Ahmad Baiter	914	5th	Zalim
31	Aamir Bashir	902	5th	Aamir
32	TOWHEED Ahmed Jar	927	5th	Towheed
33	Asif Hameed	911	5th	Asif

Government Degree College Anantnag
Innovation, Incubation, Entrepreneurship Cell (IEC)

One day workshop on Udyam Jagriti 5.0

Date: 25/08/2026

Venue: Conference Hall

S. No.	Name	Roll No.	Semester	Signature
1	Mustaza Rashid		1st sem	
2	Omtseh Gilgor	3023	5th Sem	
3	Hilal Ah. Mir	415	5th	
4	Intiza Rafeeq	419	5th	
5	Irfan Farooq Rather	912	3rd	
6	Ahmad Mushlag Ttoo	902	3rd	
7	Yasir Kuresheed	905	3rd	
8	Sagib Yousf	908	3rd	
9	Ahisham Farooq	2612052	1st	
10	Imran Qayoom	2616009	1st	
11	KHALFY JAHANGIR	2616007	1st	
12	Taufeeq Umar Bhat	2616015	1st	
13	SHAHID JALZAR BHAT	925	3rd	
14	FIRDOUS NISAR	536	5th	
15	Suhaib Misra	558	5th	
16	Junaid Muzaffar Hoker	504	5th	
17	Taufeeq Yousf	570	5th	
18	Suhaib Rehman	2616012	1st	
19	Noor-ul-Basat		1st	
20	Mehwish Akshid		1st	Mehwish
21	Hazika Akhwal	2616004	1st	
22	Ajif Ah. Zargar	2616012	1st	
23	Saham Mehraj	2616019	1st	
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