

Brief Resume



Name: Umer Jan Sofi

S/o : Manzoor Ahmad Sofi

**R/o : Uranhall, Bijbehara, Anantnag
Jammu & Kashmir- 192124**

**Designation: Assistant Professor (Sociology)
Dept. of Higher Education J&K.**

Date of appointment: 12-06-2017

Place of Posting: SHMM- Govt. Degree College Anantnag, J & K.

Date of Birth: 15/09/1985

Sex: Male

Languages Known: English, Urdu, Kashmiri, Hindi

Email ID: umersoc@gmail.com

Contact No.: +91-9858194948, +91-7006975238,

Educational Qualification

Qualification	University/Board	Year
Ph.D (SOCIOLOGY)	IGNOU	2019
M.Phil (SOCIOLOGY)	Pondicherry Central University	2012
M.A. (SOCIOLOGY)	University of Kashmir	2009
B.A.	University of Kashmir	2007
INTERMEDIATE	Govt. Boys Hr. Sec. School Anantnag, JKBOSE	2004
HIGH SCHOOL	Islamia Hanifia College Anantnag, JKBOSE	2002

Examinations Qualified

Examination	Subject	Month-Year
UGC NET	Sociology	Dec. 2102
UGC NET/JRF	Sociology	June 2013
J&K SET	Sociology	Sept. 2013

Work Experience

1. Working as Assistant Professor Sociology, Department of Higher Education Jammu & Kashmir, since 14/06/2017 till date.
2. Worked as **Research Associate** in an ICSSR project –“*Where have the tribals gone? A study of the migration of the tribals and its effect on health*” in the School of Social work, IGNOU, New Delhi, for six months from 10/12/2013 to 10/06/2014.
3. Worked as Lecturer Sociology (Contractual) at Govt. Hr. Sec. School Vessu, Anantnag for academic session 2012.

Books Published

1. Bakarwals of Kashmir- A study of socio-economic conditions and development. LAP Lambert Academic Publishing, Germany.
ISBN : 9783659535154
Date of Publishing: 29-04-2014
2. Social exclusion of Disabled Persons in India and their attitude towards society. GRIN Academic Publishing , Munich, Germany.
ISBN: 9783656650546
Date of Publishing: 14-05-2014

Research Papers Published

Title of Paper	Name of the Journal	ISSN	Vol./issue	Page No.	Month & year
Paradox of tribal development- A case of Gujjars & Bakarwals of J & K	Journal of Sociology & Social work	2333-5815	1/ (I)	01-08	June 2013
The sedentarisation process of the Transhumant Bakarwal Tribals	IOSR Journal of Humanities & Social Sciences	2279-0837	11/(6)	63-67	May-June 2013

Tribal development in J & K: Retrospect & prospect	Asian Journal of Research in Social sciences & Humanities	2249-7315	3/(8)	131-140	August 2013
Socio-economic status of sedentarized Gujjar & Bakarwal Transhumant pastoralists of J&K	Radix International Journal of Research in Social Science	2250-3994	2/(6)	01-16	June 2013
Educational Status of Tribals of Jammu & Kashmir : A case of Gujjars & Bakerwals	International Journal of Social Sciences	2321-5771	3/(3)	275-284	Sept. 2014
Dynamics of Social Exclusion of Transhumant Tribes in Jammu & Kashmir: A Case of Gujjars and Bakerwals	International Journal of Indigenous and Marginalized Affairs	2454-1699	1/(2)	37-49	Jan. 2016

Seminars/Conferences/Workshops Attended

1. Participated in ICSSR Training Programme on “Research Methodology Course for Ph.d Students in Social Sciences” Organised by Jamia Millia Islamia, New Delhi from 13th to 24th March 2015.
2. Participated in Two Day Workshop on “Research Methodology” Organised by School of translation Studies & Training, IGNOU, New Delhi on Feb. 21-22, 2015.
3. Attended the 40th ISS- All India Sociological Conference organised by Dept. Of Sociology, M.G.Kashi Vidyapith, Varanasi held on Nov. 29th, 30th & Dec. 1st 2014.
4. Attended Two day International Workshop cum Training of Trainers on the theme of “Realisation of Peace” organised by Universal Peace Federation of India and Centre of Gandhi & Peace Studies IGNOU from 29th to 30th May 2014.
5. Participated in the Workshop on “Inclusion of Children with Visual Impairment & Autism” organised by IGNOU, New Delhi on Feb. 12th & 13th 2103.
6. Attended Author’s Workshop on “How to write & get published in the best Journals” conducted by Central library JNU, New Delhi on 26th Feb. 2013.

7. Participated in the International Author Workshop Conducted by Springer & Edanz held at IGNOU, New Delhi on 25th Jan 2013.
8. Attended Taylor & Francis Editorial Workshop 2016 at IGNOU, New Delhi on September 7th, 2016.
9. Presented a paper in an International Conference at KILA, Kreaa held on Nov. 19 to 22, 2016.

Participation in Training Programmes

1. Participated in two week Refresher course in Social sciences (online line) organised by UGC- MMTTC University of Kashmir, Srinagar from 28th July to 11th August, 2025.
2. Participated in two weeks Refresher Course wef 14th Feb 2021 to 1st March 2021, organised by UGC HRDC University of Jammu, J&K.
3. Participated in three weeks General Orientation Programme organised by UGC HRDC, GNDU, Amritsar, Punjab, from 13th November 2019 to 5th December 2019.
4. Attended 7th Four week Induction Training Programme organised by the Institute of Advanced Studies in Education, Srinagar, J & K from 19th June to 16th July, 2017

Seminars/ Conferences/ workshops organised

1. Acted as Secretary Organising Committee in Two- Day National Seminar on “Digital danger: Exploring Gender based Cyber violence in Jammu & Kashmir” organised by the department of Sociology GDC Anantnag and sponsored by ICSSR, New Delhi on 17th – 18th Sept. 2025.
2. As Convener Research committee at Govt Degree College for Women Pulwama, I have organised a one day workshop on Research Methodology for Faculty members of different colleges on 30th March, 2022.
3. As a Convener of organising Committee Organised a National Conference on “Contemporary Social issues in India: Challenges and way forward” at Govt Degree College for Women Pulwama on 30th Dec. 2021.