

ONE DAY PROGRAMME ON THE THEME OF 'DRUG ABUSE IN CONTEMPORARY TIMES & ROLE OF SOCIETY

"Azadi Ka Amrit Mahotsav and Nasha Mukht Bharat Abhiyan"

June 27, 2023

Report

Govt. Degree College Anantnag

ORGANISES A PROGRAMME ON

THEME: DRUG ABUSE IN CONTEMPORARY TIMES & ROLE OF SOCIETY

Under Azadi Ka Amrit Mahotsav & Nasha Mukht Bharat

JUNE 26
INTERNATIONAL DAY
AGAINST DRUG ABUSE
AND ILLICIT TRAFFICKING

DRUGS

SAY NO TO DRUGS

Drug Abuse

PATRON


Prof. Muzafar Ahmad Bhat,
Principal Govt. Degree College
Anantnag

INVITED SPEAKERS

- 1 Prof. Mohammad Arif Shaikh,
Assistant Professor, Deptt. of
Geography
- 2 Dr. Mudasir
Department of Social Work

VENUE
Conference Hall

Date
27th June, 2023

Time
11:30 AM

Coordinator


Prof. Farooq A. Malik,
Convener, D/S committee

Organisers: Debate & Seminar Committee

GOVT. DEGREE COLLEGE ANANTNAG

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Introduction:

On the occasion of the International Day against Drug Abuse and Illicit Trafficking on June 26, the Govt. Degree College Anantnag (GDCA), and the Debate and Seminar Committee of GDCA under the Patronage of the **Respected Principal Prof. Muzafar Ahmad Bhat** organized a Lecture Programme on the theme of 'Drug Abuse in Contemporary Times and Role of Society' under the aegis of "Azadi Ka Amrit Mahotsav and Nasha Mukta Bharat Abhiyan" on 27-06-2023. **Prof. Farooq Ahmad Malik**, Staff Secretary of GDCA, Convenor, Debate and Seminar Committee, and Head Department of Political Science coordinated the programme.



The programme was presided over by the dignitaries, who included, **Prof. Farooq Ahmad Malik**, Staff Secretary, GDCA and Head, Department of Political Science, **Prof. Fayaz Ahmad Bhat**, Head, Department of Chemistry, **Prof. Abdul Majid Chalkoo**, Head, Department of Botany, **Prof. Shakti Prakash**, Head, Department of Computer Sciences, and **Prof. Kowser Ahmad Ganai**, Assistant Professor, Department of History. The guest speakers on the occasion were **Prof. Mohammad Arif Shaikh**, Assistant Professor, Department of Geography, GDCA, and **Dr. Mudasir**, Assistant Professor, Department of Social Work, GDCA.



Inaugural Address:

Prof. Abdul Majid Chalkoo, Head Department of Botany, delivered the inaugural address, in which he emphasised that the programmes like the ones organized today are the 'apt forums to create awareness and educate students, who form the most educated but vulnerable group'. Prof. Chalkoo also advised the students to stay away from distractions, particularly the ones that are disguised as friends. Prof. Chalkoo reiterated that the friends who bring in distractions are the biggest enemies, and told students to be careful and alert to stay away from the clutches and menace of drug abuse.

Prof. Chalkoo also emphasised that the issue of drug abuse should be addressed at every level and in every forum, in particular the religious forums and classes in the educational institutes, wherein the preachers and teachers should spend some time discussing the evil of drug abuse, so as to ensure that the future of our society doesn't fall prey to this menace. Prof. Chalkoo overly emphasised the fact that compassion and empathy is the way forward, and we all should become the ambassadors of the society in fight against the drug abuse.

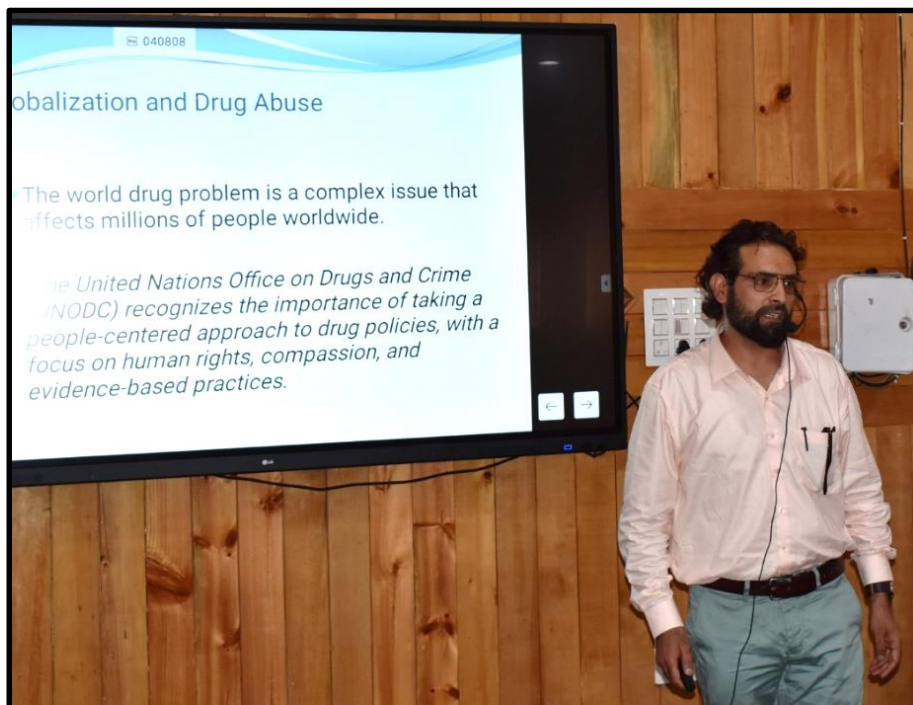


Lecture 1:

Prof. Mohammad Arif Shaikh, Assistant Professor, Department of Geography, GDCA, delivered a lecture on 'Drug Abuse Scenario of UT of J&K and our Responsibilities'. Prof. Shaikh in his talk, detailed the different aspects of drug abuse, emphasizing the people centered approach, focus on human rights, and evidence based practices. Prof. Shaikh said that we should follow people first approach and stop the spread of social stigma associated with drug abuse, we should not discriminate, and inculcate an understanding of early intervention to break the chain of the spread of this evil.

Prof. Shaikh in his talk threw light on various aspects of drug abuse, including, chemicals influencing biological processes, physiological well-being and neural disorders. He overly emphasized the development of Demand and

Supply chain, which is disastrous, and is needed to be broken. He also discussed and elaborated on the effects of drug abuse, and followed it up with a statistical review of this growing problem globally, in India and Jammu & Kashmir. In this statistical review Prof. Shaikh showed that out of the 1.25 crore of the total population of J&K, nearly 8% of the total population are drug addicts according to the 2019-20 report of the Ministry of Social Justice and Empowerment. Prof. Shaikh presented a staggering dataset showing that 65-70% of the students in J&K are victims of this menace, and nearly 78% of them have fallen prey to this evil because of peer pressure. Prof. Shaikh in the end reiterated that smoking of the cigarette is the entry point, and this has to be curbed. In his own poetic way, Prof. Shaikh ended his talk by throwing light on our responsibilities, and the purpose of awareness to avoid falling prey to drugs and addictive substances.



Lecture 2:

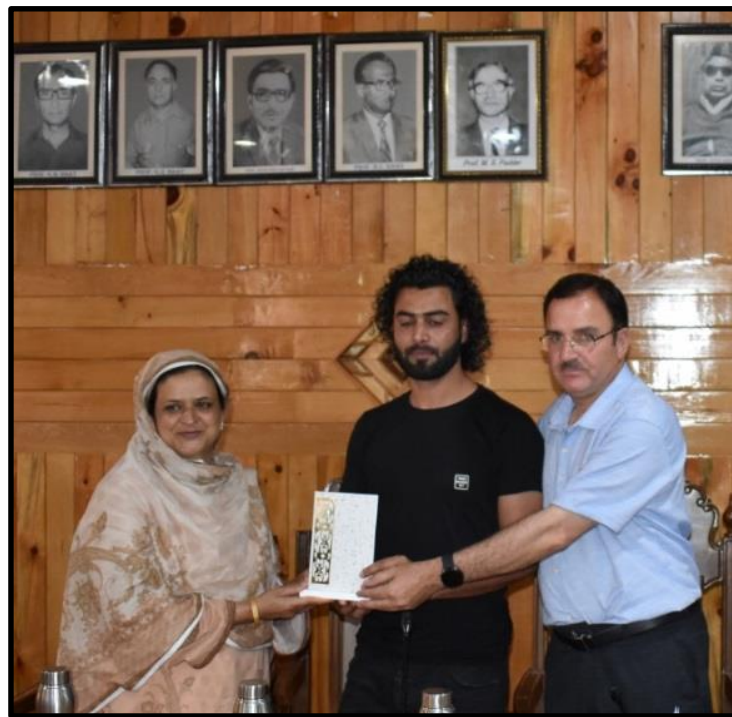
Dr. Mudasir, Assistant Professor, Department of Social Work, GDCA, delivered a talk on 'Social Work and its Interventions'. Dr. Mudasir emphasized the importance of Absolute Empathy to treat the victims of drug abuse, and conveyed the fact that, helping an individual should form the basis of community work for the fight against drug menace. Dr. Mudasir also overly emphasized the importance of replacing the word drug with substance, and the word addict with victim, so as to remove the stigma associated with this menace. He reiterated that fact that we need to have a bottom-up-approach, by identifying the victims, and allow the participation of people and common masses to help the victims to come out of the tentacles of drug dependence.



Dr. Mudasir also said that ‘we should not go for short term relief, since the consequences are negative and disastrous in the long run’. He also talked about interventions, which should be individual specific. Dr. Mudasir also talked about the negative role of social media, wherein disinformation and misinformation is trickling down, and this disinformation has to be checked. He emphasized that the information should be disbursed through face-to-face interaction, as in social work. Dr. Mudasir also emphasized the importance of technical sessions and seminars, curative and rehabilitative approach to tackle this evil. He also talked about different therapies, and the importance of detoxification, wherein the social worker should act like an observer. Dr. Mudasir ended his talk with the distribution of a questioner with the students.

Felicitation Ceremony:

The guest speakers on the occasion, **Prof. Mohammad Arif Shaikh** and **Dr. Mudasir** were felicitated in a graceful ceremony in the end by the dignitaries, who included **Prof. Farooq Ahmad Malik**, **Prof. Abdul Majid Chalkoo**, and **Prof. Mubashir Koul**, Associate Professor, Department of Chemistry. **Mr. Burhan** was also felicitated by **Prof. Shakti Prakash** for moderating the programme.



Vote-of-Thanks:

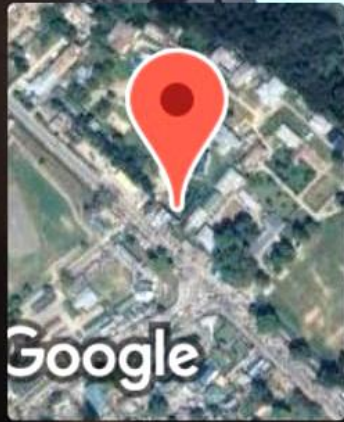
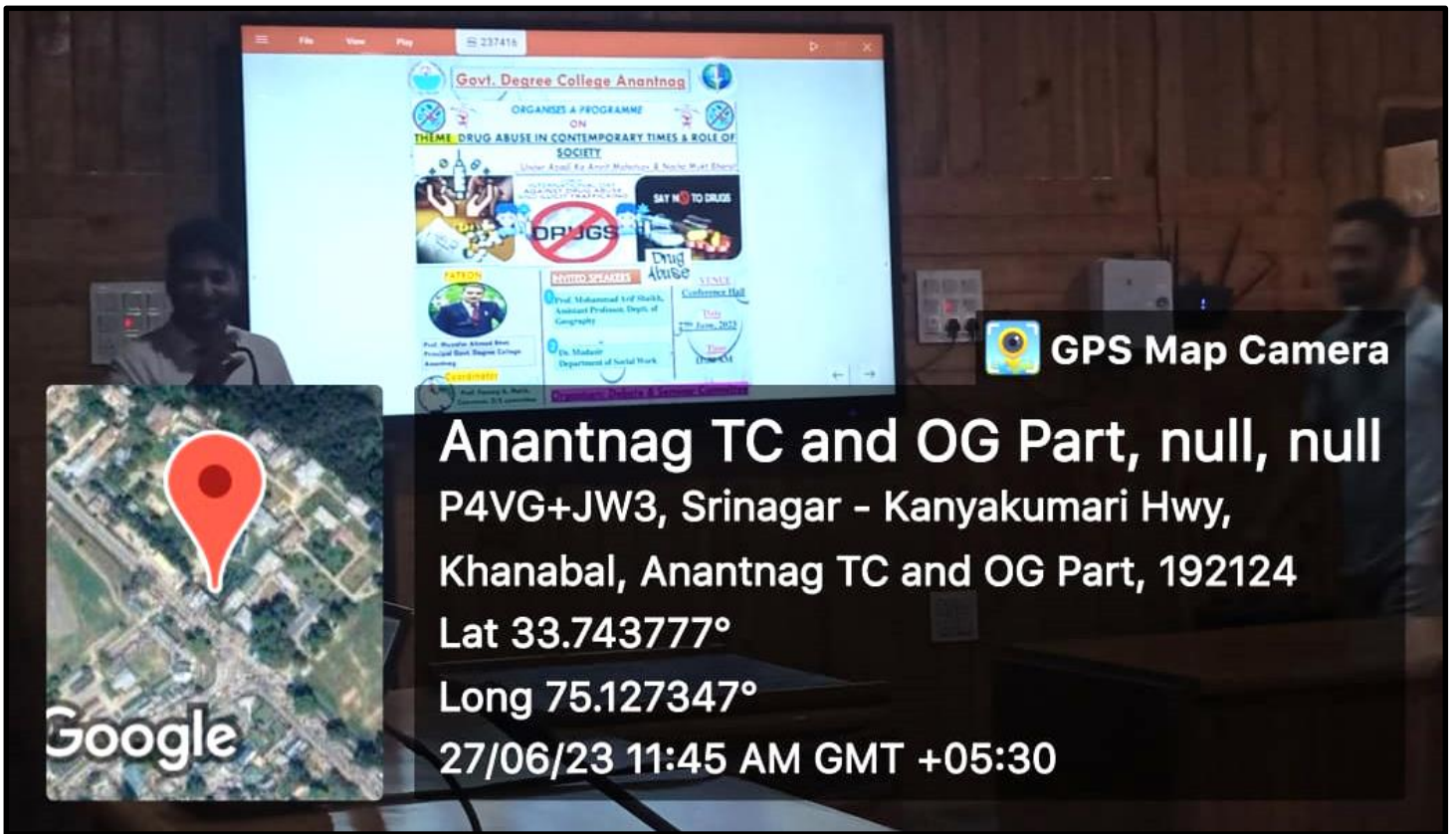
A formal vote-of-thanks was presented by **Prof. Masroofa Qadir**, Head, Department of Urdu, and Convenor Cultural Committee, Govt. Degree College Anantnag.

Participation:

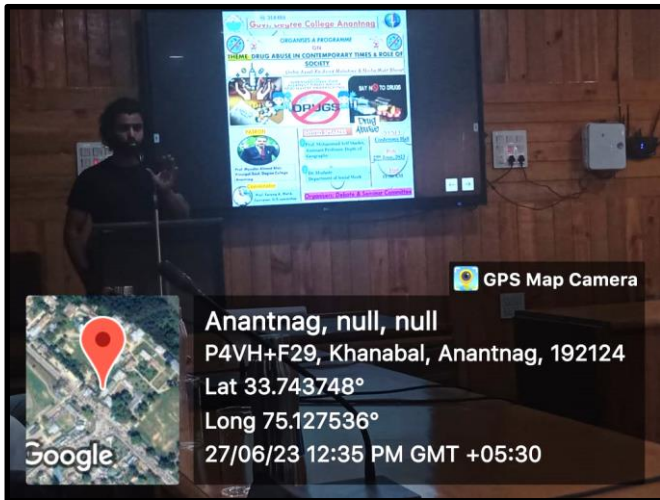
The programme was participated by the students, faculty members, and a galaxy of experts from diverse disciplines.

Rapporteur:

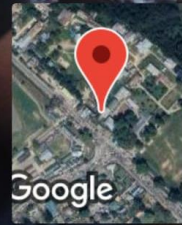
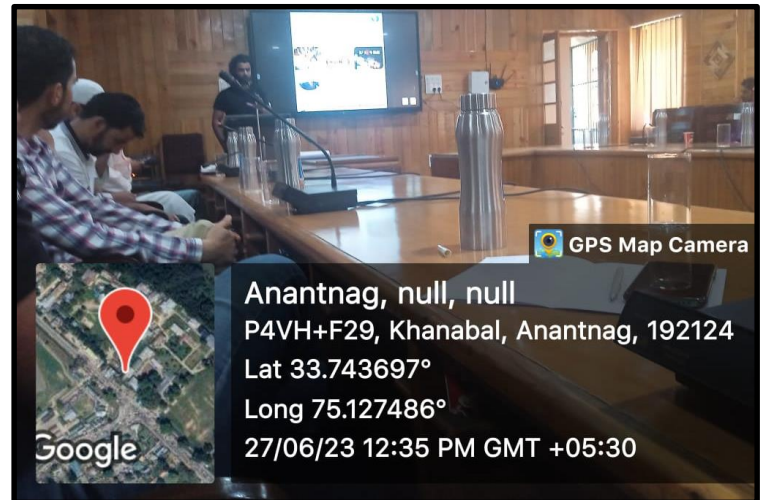
Dr. Naveen Hakhoo, Assistant Professor and Head, Department of Geology, Govt. Degree College Anantnag.



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PRINCIPAL

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